

Big Man On Campus

 Catch and Shoot- Shoot 10 15 footers from the 5 spots on the court (2 from each spot)

____/10

2. (3's) Pick and Pop – Shoot 10 3's from the 5 spots simulating a screen in the middle of the key (place a chair or object, simulating screen)

_____/10

3. **Drop Step middle (no dribble)**Shoot 5 from each block

____/10

4. **Drop Step baseline bank (no dribble)** Shoot 5 from each block

_____/10

 Drop Step 2 dribble (middle and baseline...rotate) Shoot 5 from each block

/10

Must get at least 40/50

*2 Dunks (no misses, no traveling)

Your Score _____/50